



Senior Advisory Board  
December 8, 2020 Minutes  
4:30 p.m.

I. Roll Call:

Bob Magin, Chairperson  
Guy Higgins, Vice-Chairperson  
Carren Williams, Secretary  
Joan Potterfield

Dana Bellomy, Senior Services Supervisor  
Tammy Tucker, Recreation and Facilities Superintendent  
Chelsea Behanna, City Councilwomen

Absent: Susan Zapata, Nancy Schwalm

Carren Williams made a motion to excuse Susan Zapata and Nancy Schwalm's absence. Guy Higgins seconded the motion. Passed unanimously.

III. Public Input- None

IV. Regular Business:

A. Senior Advisory Board Membership

Susan Zapata, whose term expires December 31, 2020, submitted interest in continuing as a member of the board. Joan Potterfield made a motion to recommend that City Council renew Susan's membership for another three-year term. Carren Williams seconded; passed unanimously.

B. Boulder County Aging Advisory Council Membership

Carren submitted her interest in continuing as Lafayette's representative on the Boulder County Aging Advisory Council. Guy Higgins made a motion to recommend Carren as the SAB representative. Joan Potterfield seconded; passed unanimously.

C. LYAC meeting update

Members of LYAC, Elaina Verveer and Gigi Guido asked SAB members to submit a story on what it was like during the civil unrest of the 1950s and 60s. Additionally, LYAC requested pictures of SAB members when they were in middle school and high school. Submissions are due to Dana Bellomy by January 4, 2021. LYAC will be hosting their annual MLK event which will take place at the Centaurus high school parking lot with car parade on January 18, 2021.

V. Old Business:

**Open Space “Wisdom of the Elders” update**

Bob Magin shared a picture of a plaque “Welcome to this land” which is located behind the Lafayette Recreation Center. The conservation discussions will be scheduled, Spring of 2021 at the Indigenous people’s park outdoor classroom.

**Boulder County Aging Advisory Council**

Carren Williams shared three topics discussed at BCAA.

**Budget-** 2021 budget has been slightly reduced. Staff hope to resume normal business next year.

**Dispatch Health-**a company that specializes with complete in-home care. Dispatch Health has on-demand care for people of all ages. Either a Physician’s assistant or Nurse Practitioner along with a medical technician will come to the home. Most visits require a two- hour lead-time. Dispatch health is capable to handle health problems from broken bones to fevers. Additional services include prescriptions, update doctors, and billings with insurance companies, including Kaiser. A \$275 flat fee for people without medical insurance. Service areas range from Longmont to Castle Rock. More information is available on the website.

**Fraud-**Email scams are on the rise. Most common are emails from Google, Walmart, and Amazon. If a company ask for information, reach out to the company directly. Additional frauds include false credit cards. The Elder Justice- Community protection is a resource in Boulder County for older adults who experience fraud.

VI. Consent Agenda:

Guy Higgins made motion to approve the minutes of November 10, 2020. Carren Williams seconded the motion. Passed unanimously.

VII. Council Liaison Report- None

VIII. Staff Reports:

Dana Bellomy shared information regarding the STA- Short Term Assistance Grant. The grant will provide up to \$500 in assistance for items such as rent, utilities, or personal services. The staff have a holiday program "Winter Solstice" scheduled for Dec 17 at 3pm. A pianist and violinist will perform virtually. BCAA hosted an Age Well presentation presented by Aston Applewhite. The topic "Still Kicking: Confronting Ageism and Ableism in the Pandemic's Wake", Compassion care programs such as foot care are popular and scheduling for 2021.

Tammy Tucker indicated that staff are working on programming for the spring and summer.

IX. Adjourn:

Guy Higgins made motion to adjourn. Joan Potterfield seconded the motion. Passed unanimously. 5:45 p.m.

Next meeting January 12, 2021 at 4:30 p.m.