

A goal may not be scored directly from:

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|----|--------------------|----|-------------------------|
| a. | Indirect free kick | c. | Throw-in |
| b. | Goal kick | d. | Free kick into own goal |

Rule 11

Offside

The offside rule does not apply to the K-1 Division. A player is offside when nearer the opposition's goal line than 2 opposing players and the ball, when the ball is played. The offside rule is not in effect when:

1. that player is in his/her half of the field
2. the ball is received directly from a goal kick, corner kick, throw in or dropped ball
3. that player is not directly involved in the play. He/she must be gaining advantage or seeking to gain advantage at the time of play.

PENALTY: INDIRECT FREE KICK AT SPOT OF INFRACTION.

Rule 12

Fouls and Misconduct

Section 1- Kicking/Striking/Tripping/Jumping

A player shall not attempt to kick, strike, jump at or trip another player.

PENALTY: DIRECT FREE KICK

A slide tackle is an illegal play – STRICTLY ENFORCED!

PENALTY: DIRECT FREE KICK

Section 2-

Handling: A player is penalized for handling when he/she intentionally plays the ball with his/her hands or arm (shoulder seam to fingertips). Girls may protect their chest, boys their groin, with their hands, providing there is no attempt to direct the ball with their hands.

PENALTY: DIRECT FREE KICK

Heading: A player is not allowed to intentionally play with their head in any division.

PENALTY: INDIRECT FREE KICK

Section 3-

Holding/Pushing: A player shall not hold, push, or impede an opponent with hands or arms extended from the body. A player shall not place a hand on an opponent in an effort to reach the ball.

PENALTY: DIRECT FREE KICK

Section 4- Charging: A fair charge is one in which players make non-violent shoulder to shoulder contact with an opponent, with arms and elbows close to their body, one foot on the ground, and the ball within playing distance.

A player having one or both feet on the ground shall not charge into a player having no feet on the ground. A player shall not charge into the goal keeper in the penalty area.

PENALTY: DIRECT FREE KICK

Section 5- Obstruction: Obstruction is the intentional act of a player not in possession of the ball or not attempting to play the ball, of using the body as an obstacle between an opponent and the ball (much like setting a pick in basketball).

PENALTY: INDIRECT FREE KICK

Section 6- Dangerous Play: Dangerous play is an act a referee considers likely to cause injury to any player. A player may not continue to play the ball when that player is not on his feet; high kicking – low heading.

PENALTY: INDIRECT FREE KICK

Section 7- Fouls Committed by the Goal Keeper:

Divisions 2-3, 4-5, 6-8: The goal keeper may not take more than 6 seconds while in possession of the ball. Steps are unlimited. While the goal keeper has possession, an opponent may not interfere or impede the keeper. This includes the throw or bounce of the ball to be kicked.

Punting: The goal keeper may not punt the ball in the K-1 or 2-3 Divisions. Punting is allowed in Grade 4-5, 6-8 Divisions.

Division K-1: Unlimited steps and time (within reason) will be allowed.

PENALTY: INDIRECT FREE KICK

Section 8- Misconduct: A referee's job is to oversee the play of the two teams making unbiased judgments and administer a safe arena of play. A coach should never dispute a referee's decision during the game. Should a coach have a question as to an official's call, he should first bring the matter to the field supervisor, who will determine the correctness of the call.

Rule 13

Free Kick

A free kick is classified as either “Direct” (from which a goal may be scored directly), or “Indirect” (from which a goal may not be scored unless another player of either team touches the ball before it crosses into the goal). A second whistle is not needed to put the ball back in play on a free kick penalty. Rather, the nearest player should bring ball back to the point of the infraction, and take either the Direct or Indirect kick before the defense has an opportunity to set up. Players opposing the free kicker must be 10 yards away from the ball until it is kicked. If a free kick is awarded to the defending team in it’s own penalty area, the ball is awarded to the defending team and the players opposing the free kicker must be 10 yards back until the ball is kicked. A free kick inside the penalty area cannot be touched by either team until it passes out of the penalty area. The kicker of a free kick may not play the ball again until someone else touches it. Penalties occurring within the penalty box will result in an indirect free kick instead of a penalty kick, from the penalty box line.

Rule 14

Penalty Kick

Division K-1: No penalty kicks.

Divisions, 2-3, 4-5, 6-8: A penalty kick is awarded when a foul which normally results in a Direct Free Kick occurs by the defense in its own penalty area. All players, except the kicker and the goal keeper, must be outside the penalty area. The goal keeper must be stationary and have both feet on the goal line. The referee will sound his whistle for the kick to take place. If the ball rebounds off the goal, the kicker may not play it until another player has touched it.

Rule 15

Throw-in

A throw-in shall be awarded a team when the opposing team causes the ball to pass completely over the side line. A player out of bounds may play a ball in bounds with no penalty; however, an in-bound player cannot play a ball which has passed over the side line. The thrower-in must:

- 1) have both feet touching the ground;
- 2) must be behind the touchline;
- 3) use both hands with equal force (no side spins);
- 4) deliver the ball from over and above the head.

The thrower may not play the ball until another player has touched it.

Divisions 2-3, 4-5, 6-8: If the throw is to the goalie, the goalie must play the ball with their feet.

Rule 16

Goal Kick

A goal kick occurs when the attacking team directs the ball over the end line. The ball is placed on the ground within the goal area. The ball must leave the penalty area before it may be played. Players opposing the kicker must remain outside the penalty area until the ball passes out of the penalty area.

Rule 17

Corner Kick

A corner kick occurs when the defending team directs the ball over the end line. The ball is placed in the corner nearest to where the ball left the field of play. Defending players must be 10 yards away from the ball at the time of the kick. The kicker cannot play the ball a second time until another player touches it.

RULE ADDITIONS AND NOTES

1. A coin toss at the beginning of the game will determine who kicks off and which goal a team will defend. Teams change goals after half time.
2. The Advantage Clause will be in effect in all games. The Advantage Clause states “The referees shall call out and raise a closed fist overhead to indicate a foul which was observed but shall go uncalled because penalizing the offended team would give an advantage to the offending team.
3. Teams are responsible for their own beverages, water, oranges, etc. Please clean up after your game.
4. No climbing on goals....PERIOD! The damage to equipment and safety of our players is of paramount importance.
5. No toe cleats on any shoes worn for soccer (these are common on football or baseball/softball shoes), they can be very dangerous.
6. Coaches need to instruct their players that fouls such as off-sides, handling, tripping, etc., need no second whistle to resume play. It is good strategy for the offended team to put the ball back into play as quickly as possible, before the defense can set up – unless the foul occurs in the penalty area and a penalty kick will result.
7. Please respect the property of the parks and neighboring community. It is important to be respectful and remember that you and everyone on the team represents Lafayette Recreation programs.
8. Heading is not allowed in any division. If a ball is headed, the official will call the infraction and award an indirect kick to the opposing team.
9. Punting is not allowed in the K-1 and 2-3 grade division. Goalies in the grade 4-5 and 6-8 are allowed to punt the ball into play.