

**YOUTH FLAG FOOTBALL
VOLUNTEER COACH PRACTICE REQUEST FORM**

Coaches Name: _____

Address: _____

Phone: Home _____ **Work/Cell** _____

E-mail Address: _____

PRIORITY GIVEN TO FORMS RECEIVED EARLIEST – DO NOT HESITATE!!!

1. I would like to be a: (check which applies)

Head Coach

Assistant Coach

No Preference

Not Interested

2. Division?: 6-8 year old 9-11 year old 12-13 year old

3. If you are a head coach, do you have an assistant? Yes No

Name:

Phone:

Email:

4. Please **indicate a first and second choice** for practice locations and times. If you are unsure the location of these parks, please contact the Rec Center.

Lamont Does	Mon/Wed	Tue/Thur	4:00	5:00	6:00
-------------	---------	----------	------	------	------

City Park	Mon/Wed	Tue/Thur	4:00	5:00	6:00
-----------	---------	----------	------	------	------

Cross Ridge Park	Mon/Wed	Tue/Thur	4:00	5:00	6:00
------------------	---------	----------	------	------	------

Waneka Lake Park	Mon/Wed	Tue/Thur	4:00	5:00	6:00
------------------	---------	----------	------	------	------

Yarrow Park	Mon/Wed	Tue/Thur	4:00	5:00	6:00
-------------	---------	----------	------	------	------

6. NFL Team Uniform Request. T-shirt will be in the team's colors.

(Please indicate 1st-3rd choice, NFC Teams this year):

1.

2.

3.

Practices will start the week of _____ . Please plan on picking up equipment prior to the start of your first practice. Games will be Fridays starting on _____ .